

**INFOPACK**



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# Tech4Swell

New technologies and entrepreneurship in rural areas.

4-12 of march, Cuéllar, SPAIN.

2023-1-ES02-KA152-YOU-000149009

# Summary of the project

- ▶ Non-formal education youth exchange to foster sustainable entrepreneurial projects with the use of new technologies and digital tools, especially focused on rural women.
- ▶ Applicant organization: Federación Nacional de la Mujer Rural - FEMUR. <https://femur.es/>
- ▶ Priorities:
  - ▶ 1) Promote entrepreneurship among young people, especially in women;
  - ▶ 2) Youth and women employability;
  - ▶ 3) Development of digital skills applied to entrepreneurship;
  - ▶ 4) Fight against depopulation;
  - ▶ 5) Promotion of European Green Deal and New European Bauhaus.



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# Project details

- ▶ Project name: Tech4Swell: New technologies and entrepreneurship in rural areas.
- ▶ Project dates: 4/03/2024 - 12/03/2024
  - ▶ Arrival day: 4/03
  - ▶ Days of activities: 5/03 until 11/03
  - ▶ Return day: 12/03
- ▶ Place: Cuéllar - Segovia, Spain
- ▶ Organization: FEMUR federacion de mujeres rurales
- ▶ Participants: 30 participants from 6 different countries:
- ▶ Spain, Romania, Estonia, Italy, Slovenia and cyprus.

Federación Nacional de la Mujer  
Rural - FEMUR  
ASOCIATIA SE POATE  
MTÜ interEST  
Comune di Russi  
YOUTH CENTRE VELENJE, culture and  
education  
Municipality of Athienou



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# Participants

- ▶ Eligible participants for this course will be over 18 years old. There will be a maximum of 5 participants per country and they will be chosen on the basis of their social competences, their interest in the topic and their linguistic competence in English.
- ▶ Moreover, gender balance will be taken into account in order to organise an equal and diverse mobility.



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# Journey

- ▶ Volunteers will arrive in Spain from their respective countries by plane.
- ▶ The closest airport with the most air connections is Madrid airport, which is around 90 kilometers away.
- ▶ There will be an organized transport to pick up participants at the airport, and another one to drop them off on their return.

**It is VERY IMPORTANT that volunteers buy their tickets to arrive in Madrid before 18:00h on 04/03.**

**For the return journey, it is VERY IMPORTANT that participants buy their tickets from 10:30h on 12/03.**



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# Travel information and budget expenses:



The travel costs to the venue and back will be reimbursed up to the maximum of the amount indicated by the distance calculator provided by the EC:



Please also keep ALL other travel documents you have. Do not throw anything away!



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# Budget expenses

<b>Partner</b>	<b>Travel money limit</b>
Cyprus	530 €
Slovenia	275 €
Italy	275 €
Rumania	360 €
Estonia	360 €

▶ Travel expenses are reimbursable for participants who attend all sessions, are fully committed to the project activities. Travel expenses will be covered after participants use the cheapest means of transport and submit original invoices for air tickets, boarding passes, trains and bus tickets. Private cars, taxis and first class tickets will not be reimbursed.

▶ An important detail is that tickets must be purchased after our confirmation. Otherwise your tickets may be considered non-refundable. We undertake to refund only those tickets that have been confirmed by our team.

▶ To ensure that all participants book the cheapest available option for their journey, we offer our full support in helping them with their bookings and bus/train connections.



- ▶ Reimbursement will be made in Euros, regardless of the currency indicated on your ticket and receipt/invoice.
- ▶ Please note that if you purchased your ticket in your local currency which may be different from the Euro, we will calculate your travel costs according to the exchange rates on the official website of the European Commission, on the day of purchase.
- ▶ <http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>
- ▶ EXTRA DAYS: following the guidelines of the Erasmus+ Programme, the trip must be made by participants within a maximum of 4 days from the project dates (arrival is maximum 2 days). (arrival maximum 2 days before the project and departure maximum 2 days after the project).
- ▶ During the additional days, participants must cover all their expenses, such as accommodation, food, etc.



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# Accomodation

Accommodation is confirmed, it will be at the hostel in Cuellar:  
<https://alberguedecuellar.com/>

Rooms will be double or shared, so all participants will share a room.

On the other hand, meals will be served by a contracted caterer, always adapted to the needs of the participants, allergies, religious, etc.

## Health and travel insurances

- ▶ All the participants coming from the EU should bring their European Health Card. They can use the free European Health Insurance Card (EHIC) to allow cover private health care, non-emergency health costs, or being flown back to your home country.
- ▶ Please be aware that the EHIC is NOT a travel insurance policy.
- ▶ We highly recommend you to make a health & travel insurance for the full duration of your time in Spain.
- ▶ If you have any allergies or you need to take regular medications, please arrange these things by yourself as we are unable to provide them for you.
- ▶ Likewise, if you have any health conditions, disabilities or mobility issues that you feel we need to be aware of or that may affect your participation in the youth exchanges activities, then please let us know what they are and how best to assist you.



# CONTACT AND OFFICIAL GROUP OF THE PROJECT

- ▶ ALL THE PARTICIPANTS AND GROUP SHOULD JOIN OUR FACEBOOK GROUP WHICH WE WILL SEND TO THE COORDINATORS
- ▶ Contacts:
  - ▶ Andreu Garrido: [andreugarrido@crea360.es](mailto:andreugarrido@crea360.es)

